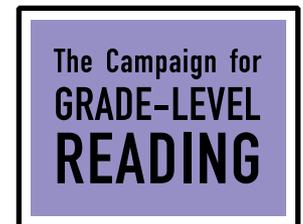


Early Head Start: What Can We Learn to Make a Difference for Children and Families?

CGLR Partner Webinars

January 7, 2020





Joan Lombardi, Ph.D.
Director
Early Opportunities



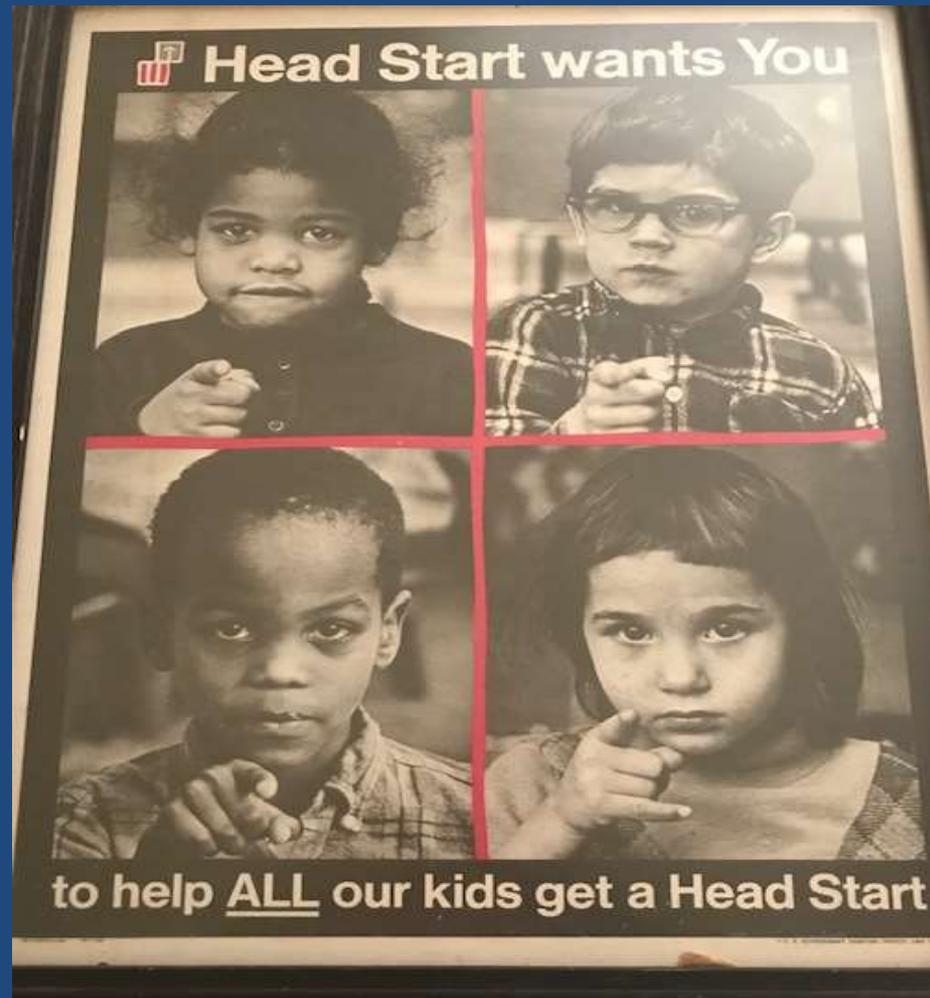
Early Head Start: A Beacon of Hope for Americas Youngest Children



Opening remarks

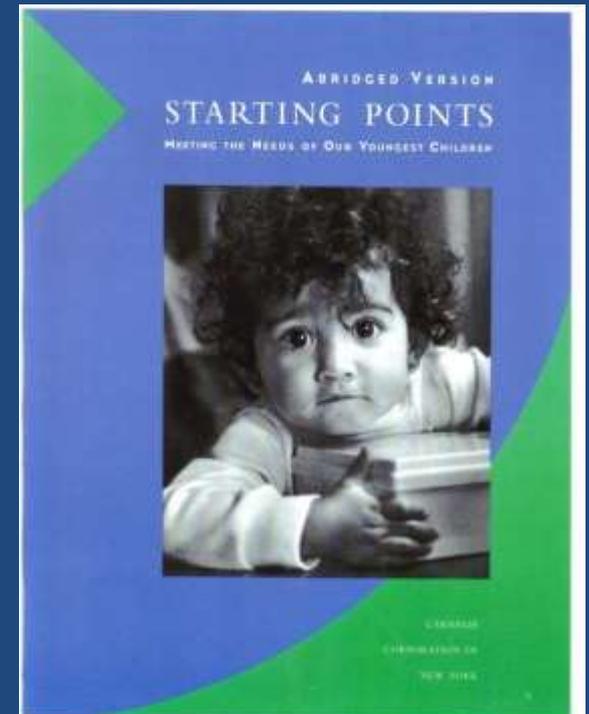
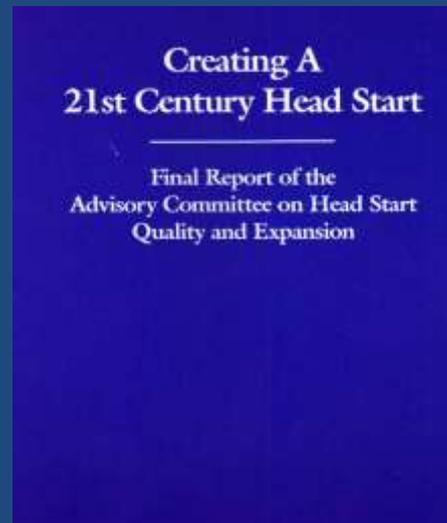
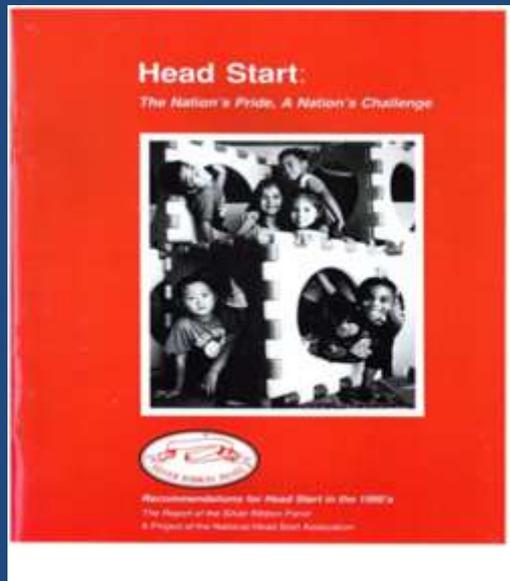


Head Start 1965



Over the years there were many calls to expand Head Start services to children under three

- 1960s Parent Child Centers, Migrant Head Start (0-5)
- 1970s 15th Anniversary Head Start Report
- Reports throughout the 1990s



In 1994, services for pregnant women and children under three were included in the Head Start Reauthorization

Principles set forth by advisory (1994)

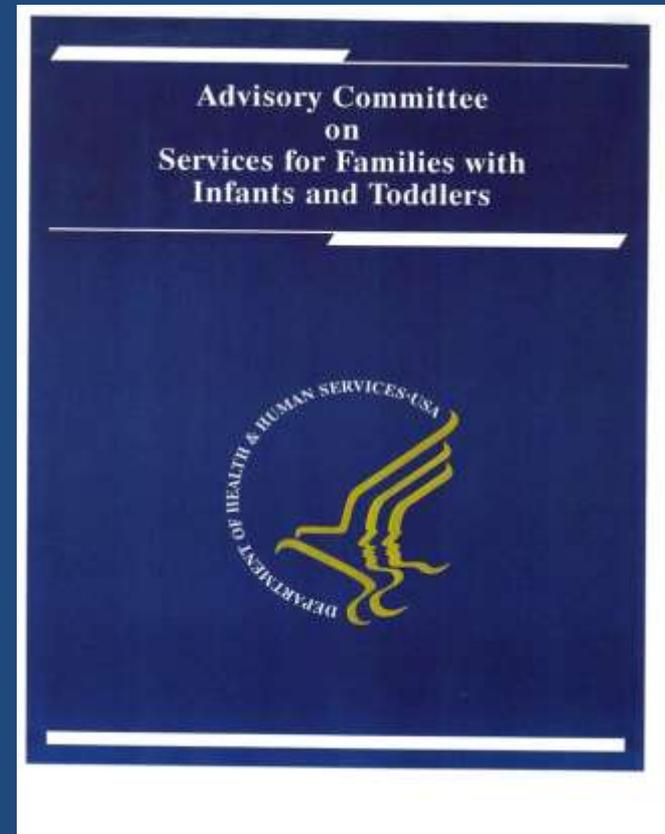
Child development

Family Development

Staff Development

Community Development

First grants in 1995



Early Head Start

Comprehensive Services

- Pregnant women to age three
- Health, nutrition and mental health
- Family support and engagement
- Early learning opportunities
- Community connections

Key documents

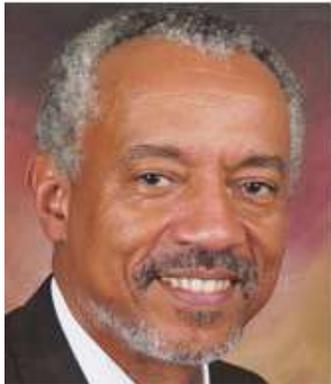
- Head Start Program Performance Standards
<https://eclkc.ohs.acf.hhs.gov/policy/45-cfr-chap-xiii>
- Head Start Early Learning Outcomes Framework Birth-Five
<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

The Need for Early Head Start Continues....

- One in five babies and toddlers live in poverty
- Early Head Start reached only 8 percent of eligible children in 2018
- Recent Congressional action will expand Head Start, including \$100 million for Early Head Start and Early Head Start-Child Care Partnerships
- Opportunities are increasing at the federal level and at the state and community level to build on the core concepts behind Early Head Start



Helen Raikes
Willa Cather Professor,
University of Nebraska-Lincoln



Ronnie Herndon
Director
Albina Head Start



Jessica Sager
Co-Founder and CEO
All Our Kin

Early Head Start Research and Evaluation + A Quick Look at Nebraska's Sixpence Program

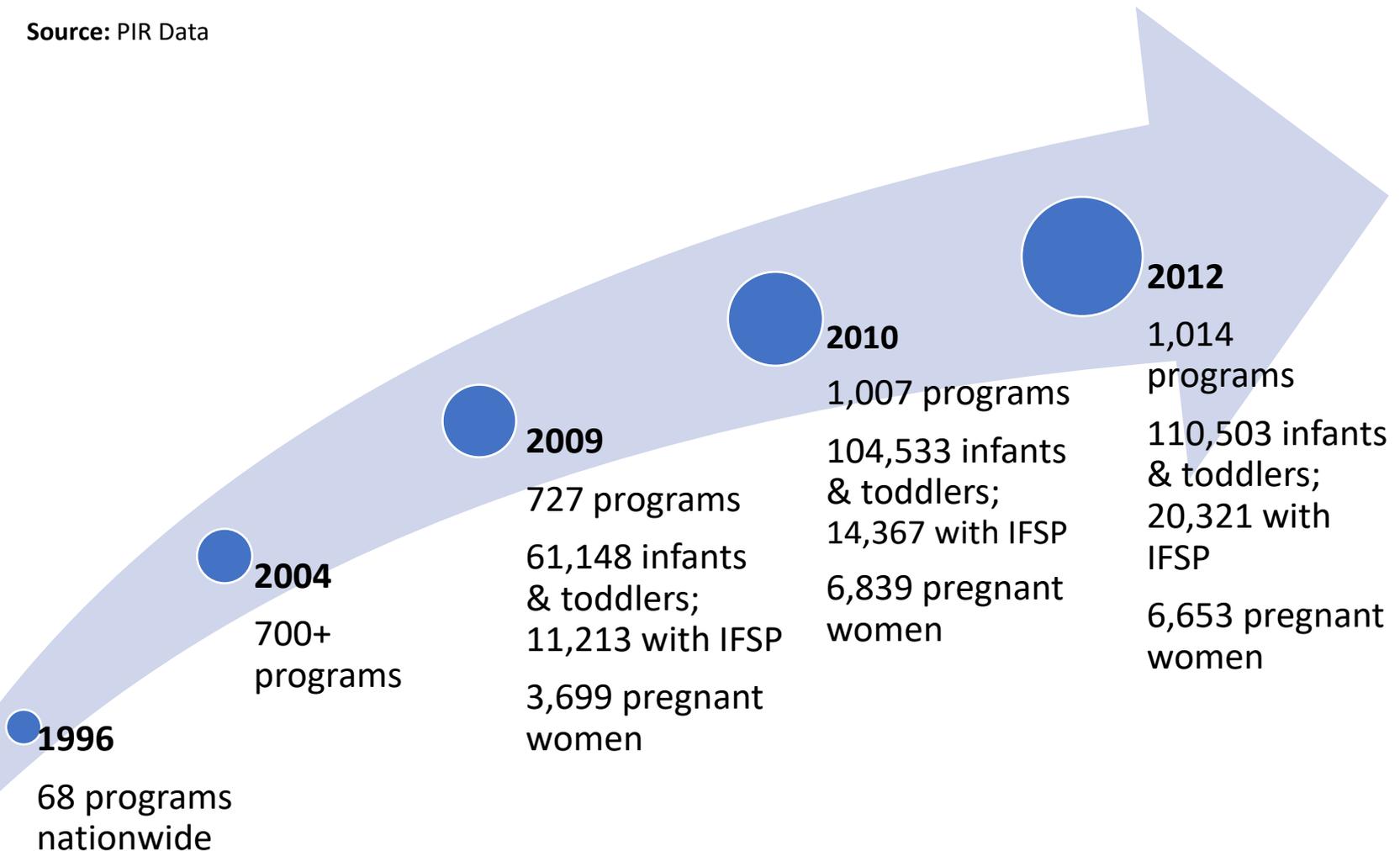
Helen Raikes, Willa Cather Professor, University of Nebraska

January 7, 2020

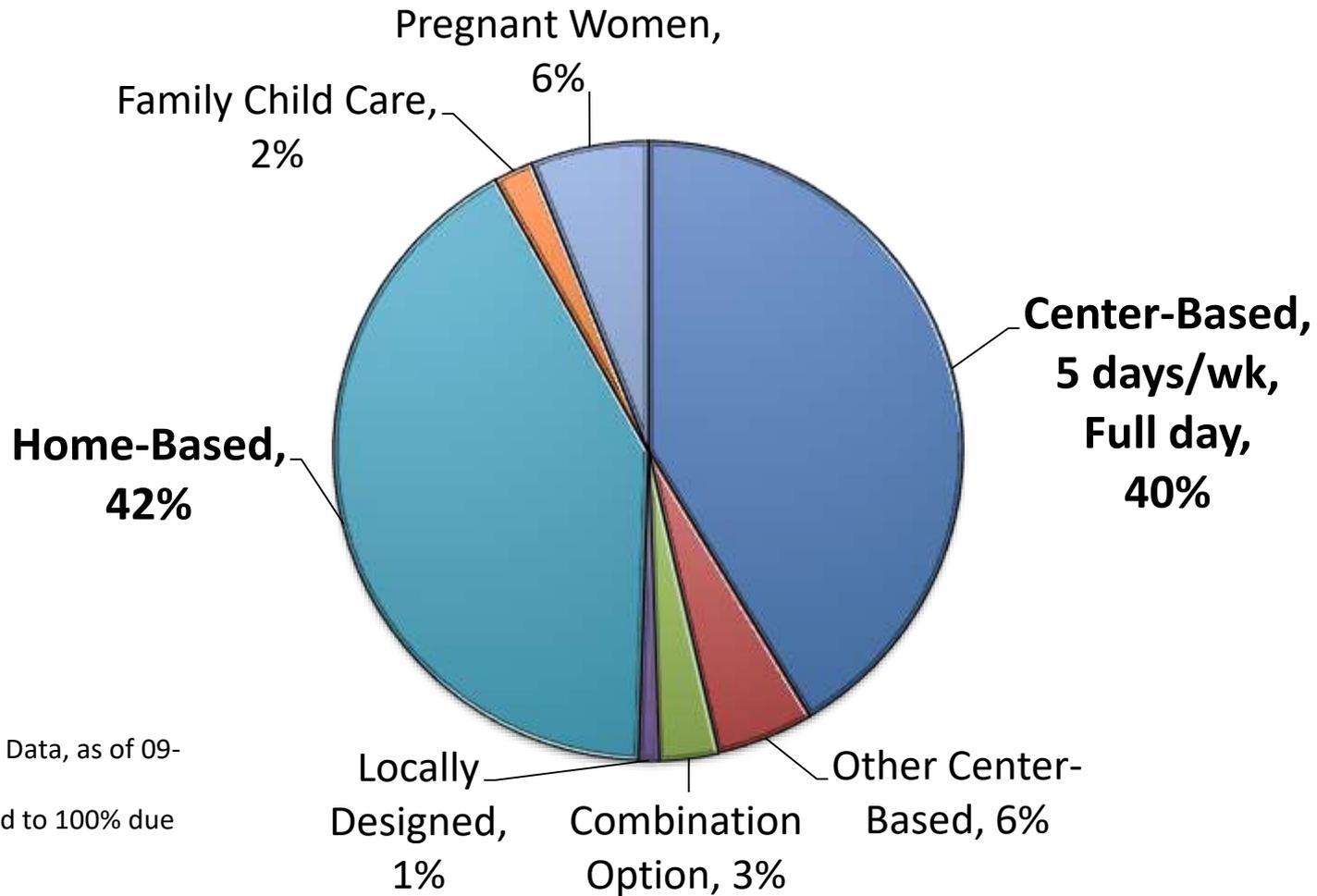
GLR Learning Tuesdays Webinar

Early Head Start History

Source: PIR Data



Early Head Start Funded Enrollment by Program Option, 2012



Source: PIR 2012 Data, as of 09-13-12

Note: May not add to 100% due to rounding

Early Head Start Research and Evaluation Project: Experimental Results

- 3,001 children and families randomly assigned to EHS program or control group in impact study with experimental design:



Early Head Start Group



Control Group

- 17 of first programs funded-center-based, home-based and mixed
- Data collection: 14, 24 and 36 months; prekindergarten and fifth grade follow-up

EHS Research Consortium

- Research institutions in the Consortium (and principal researchers) include ACF (Rachel Chazan Cohen, Judith Jerald, Esther Kresh, Helen Raikes, and Angie Godfrey); Catholic University of America (Michaela Farber, Lynn Milgram Mayer, Harriet Liebow, Christine Sabatino, Nancy Taylor, Elizabeth Timberlake, and Shavaun Wall); Columbia University (Lisa Berlin, Christy Brady-Smith, Jeanne Brooks-Gunn, and Alison Sidle Fuligni); Harvard University (Catherine Ayoub, Barbara Alexander Pan, and Catherine Snow); Iowa State University (Dee Draper, Gayle Luze, Susan McBride, Carla Peterson); Mathematica Policy Research (Kimberly Boller, Ellen Eliason Kisker, John M. Love, Diane Paulsell, Christine Ross, Peter Schochet, Susan Sprachman, Cheri Vogel, and Welmoet van Kammen); Medical University of South Carolina (Richard Faldowski, Gui-Young Hong, and Susan Pickrel); Michigan State University (Hiram Fitzgerald, Tom Reischl, and Rachel Schiffman); New York University (Mark Spellmann and Catherine Tamis-LeMonda); University of Arkansas (Robert Bradley, Mark Swanson, and Leanne Whiteside-Mansell); University of California, Los Angeles (Carollee Howes and Claire Hamilton); University of Colorado Health Sciences Center (Robert Emde, Jon Korfmacher, JoAnn Robinson, Paul Spicer, and Norman Watt); University of Kansas (Jane Atwater, Judith Carta, and Jean Ann Summers); University of Missouri-Columbia (Mark Fine, Jean Ispa, and Kathy Thornburg); University of Pittsburgh (Carol McAllister, Beth Green, and Robert McCall); University of Washington School of Education (Eduardo Armijo and Joseph Stowitschek); University of Washington School of Nursing (Kathryn Barnard and Susan Spieker); and Utah State University (Lisa Boyce and Lori Roggman).

- Representatives from 17 programs participating in the evaluation, 15 local research teams, the evaluation contractors, and ACF/ACYF

Overall Impacts for Children: Age 3

- Higher immunization rate*
- Fewer emergency room visits for accidents and injuries
- Cognitive development (higher Bayley scores)
- Larger receptive vocabularies
- Lower levels of aggressive behavior
- Greater sustained attention with objects, engagement of parent, and less negativity

Overall Impacts for Parents: Age 3

- More positive (and less negative) parenting observed in parent-child play: both mothers and fathers
- Higher HOME scores, more stimulating home environments, support for learning
- More daily reading
- Less spanking: both mother and father report
- More hours in education and job training

Overall Impacts for Children 2 Years After Early Head Start

- Decreased behavior problems
- Higher level of positive approaches to learning
- Larger receptive vocabularies for Spanish-speaking children, but not for English speakers
- More likely to be in formal care and education at ages 3-5

Overall Impacts for Parents 2 Years After Early Head Start

- Higher scores on HOME total scale and warmth scale
- Higher on summary of 8 teaching activities
- Higher percentage read to child daily
- Lower risk for maternal depression
- Parent more likely to attend meetings or open houses at child's program (if child was in a program)

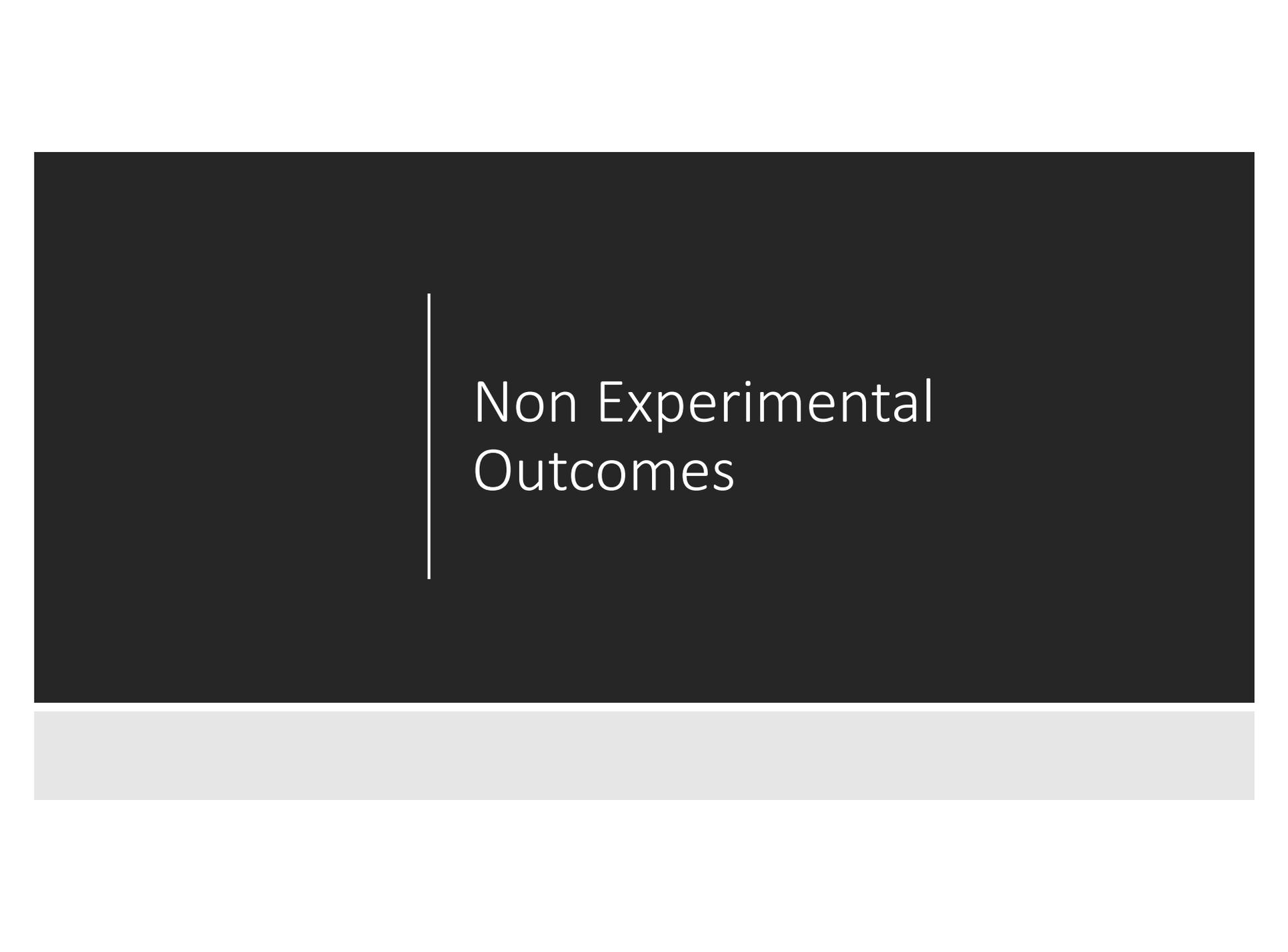
Impacts 7 years later

- Higher scores on child social emotional success index ($p < .10$)

The Stories are in the Subgroups

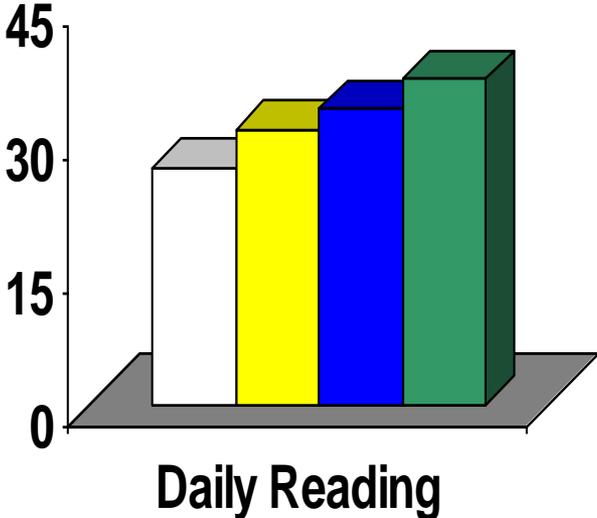
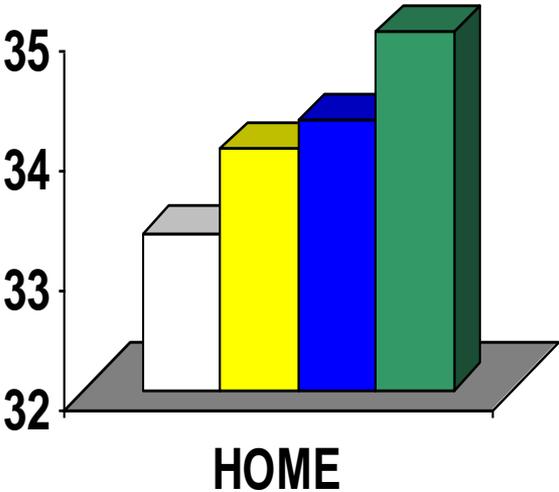
Four notable patterns:

- Sustaining: African Americans had broad impacts that were sustained after the end of the program at age 5 and Grade 5, reducing only slightly
- Increasing: Impacts of home-based programs and for Whites grew over time.
- Increasing then Diminishing: Impacts for Hispanics and Highest Risk increased from age 3 to age 5 then diminished.
- Diminishing: Mixed-Approach group had initially strong impacts then diminished.



Non Experimental
Outcomes

Children with EHS and Formal Care Fared Best: Home Environment



□ Neither ■ EHS Only
■ Formal ■ EHS + Formal

Putting it All
Together:
Non-
experimental
At Age 5

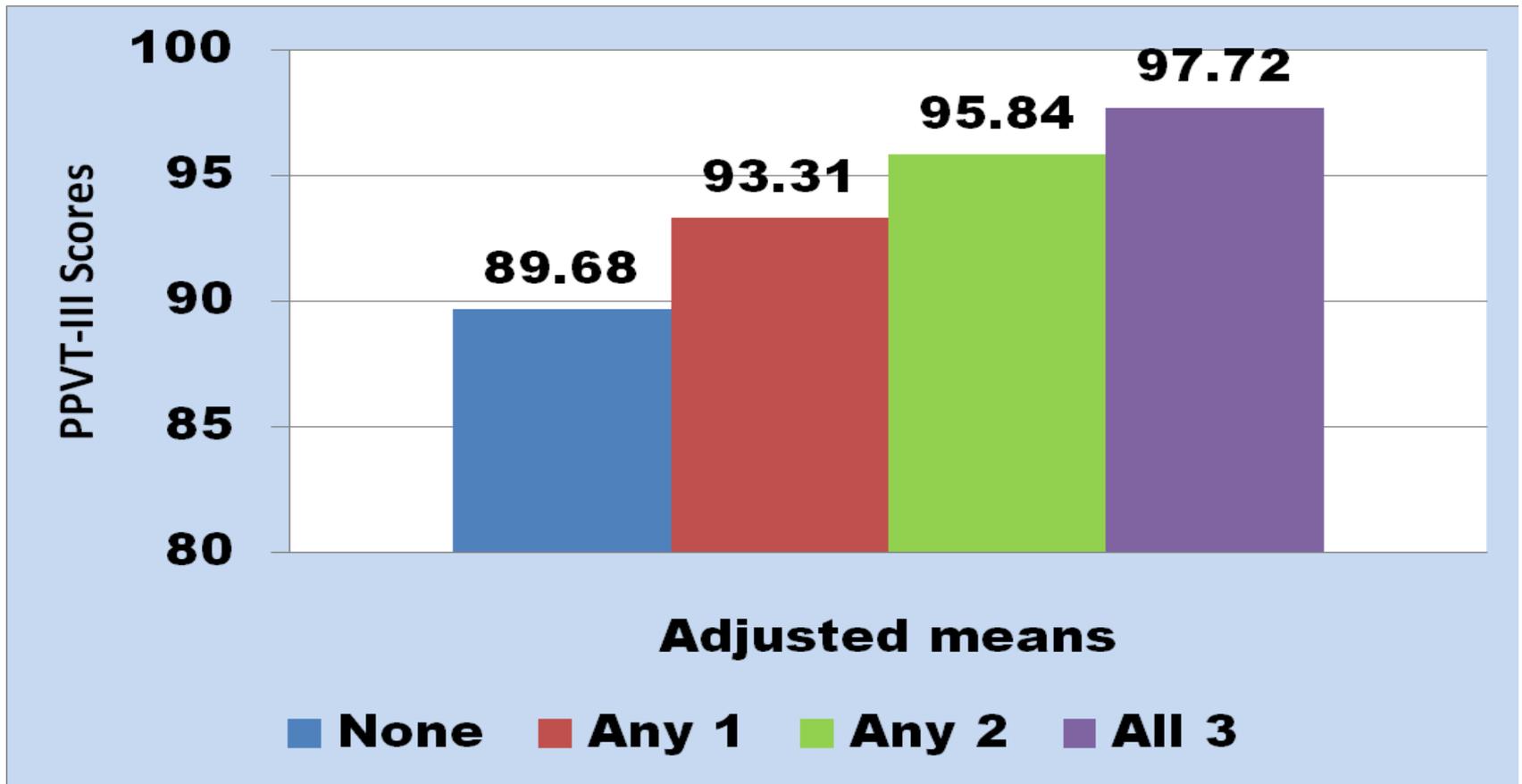
Children with EHS *and* 3-5 fared the best, followed by those with EHS only (for child social-emotional and parent outcomes) or HS/formal program only (for child school-related outcomes).

Important for 0-3 services to be supported by 3-5 services.

NOTE: for Highest Risk families better outcomes if EHS followed by HS

(Chazan-Cohen, Kisker, et al, 2013)

Cumulative Experience on PPVT-III



Sixpence: Nebraska's 0-3 Programs Based in Early Head Start (2 programs)

- Supported by a \$60M endowment of public (state funds) + private funds (philanthropy) + local (match of local programs, e.g., Early Head Start). Newer state general funds and funds from CCDBG
- Funded to school districts
- Serves highest need children in communities—78% have 3 or more risk factors.
- Program One: Like EHS, home-based or center-based; in 31 districts in Nebraska—serving about 1,200 children and families. High quality.
- Program Two: Child Care partnerships—Like EHS-child care partnerships—serving about 1,000 additional children, 19 family child care and 21 child care centers. Quality improving, all in Step Up To Quality.

Thank you!





Family Child Care: What It Is and Why It Matters





ALL OUR KIN

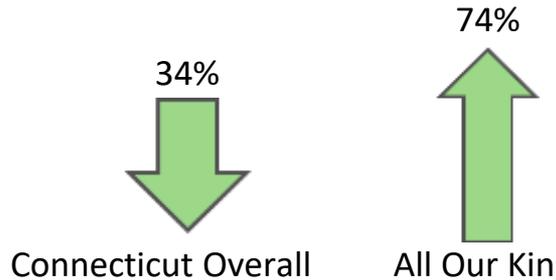
trains, supports, and sustains
family child care providers
to ensure that children and families
have the foundation they need
to succeed in school and in life.

The Quality Highway



Measurable Outcomes

Building Supply



Transforming Quality

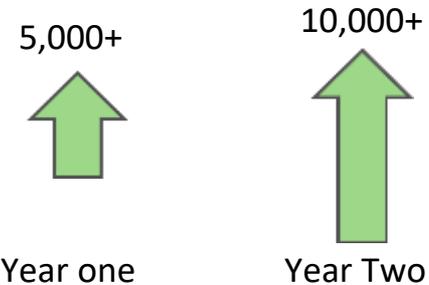
Over 50% higher
on rigorous quality measures

Return on Investment

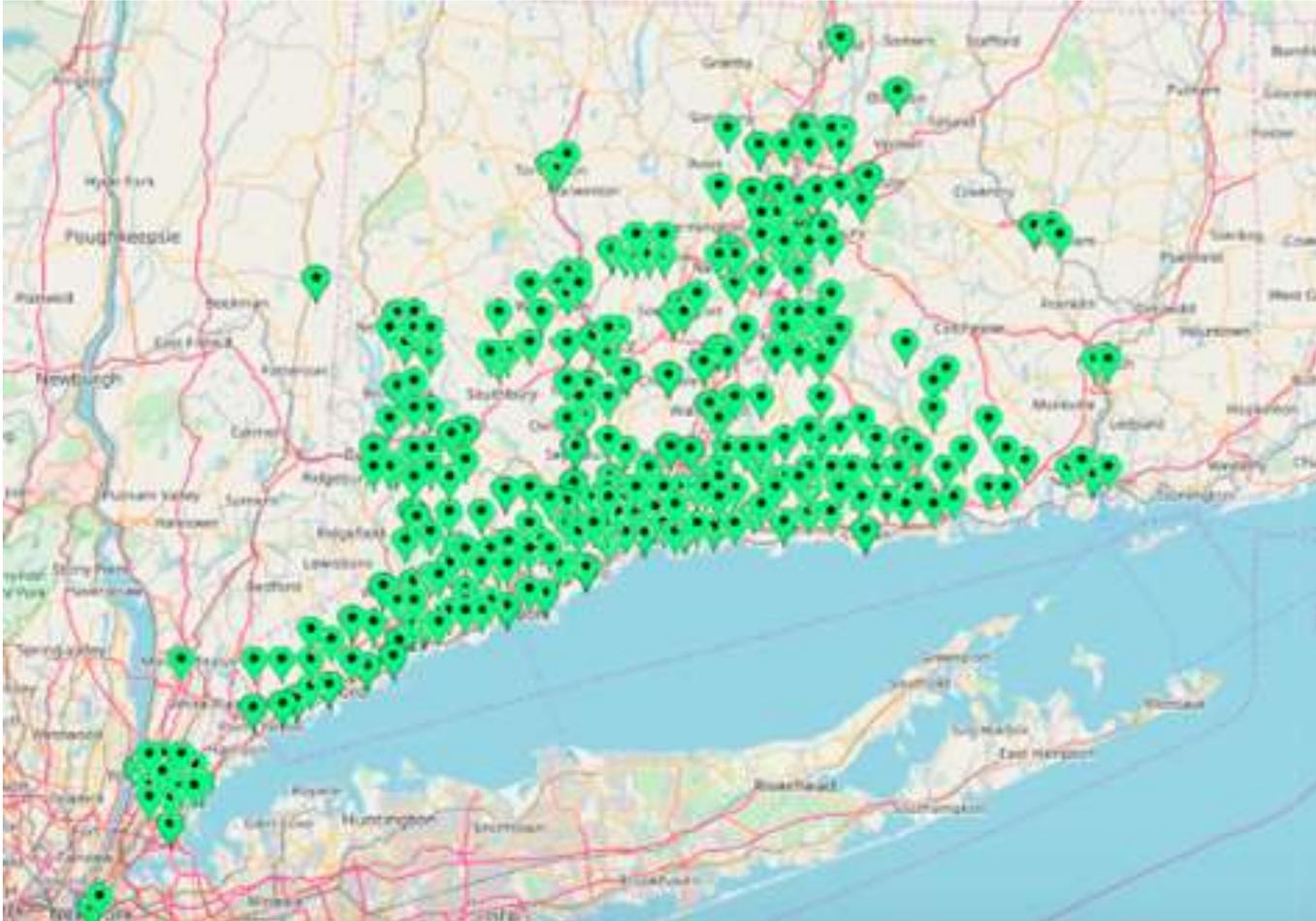
\$1 → \$15 - \$20



Increasing Earnings



Our Reach



All Our Kin's EHS-Family Child Care Partnership

- Partnership with United Way of Greater New Haven: began in 2010 with ARRA funding, expanded with EHS-CC partnership dollars in 2014
- Model program: 12 FCC educators in New Haven
- Builds on AOK's existing system of coaching and professional learning supports, incorporates Head Start standards, additional training opportunities
- Multidisciplinary team works directly with children and families
- Combines EHS and CCDBG dollars



Benefits for Children, Families, and Educators

- Continuity of care
- Accessible, community-based programs
- Quality early learning experiences
- Holistic supports for children and families
 - Whole-family impact
 - Health and wellness
- Strong, authentic partnerships between parents, FCC educators, and All Our Kin
- Engagement of multiple stakeholders
- Spillover effects



Implications/Opportunities for Child Care Initiatives

- Build staffed family child care networks
 - Coaching
 - Peer connections
- Offer robust professional learning opportunities for family child care educators
- Invest in stable child care funding streams
- Design whole-child, whole-family supports
 - Family advocate
 - Health consultant
- Engage diverse stakeholders





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jessica@allourkin.org

Questions & Discussion

Upcoming GLR Learning Tuesdays Webinars:

PRODUCTIVE PARENT/TEACHER PARTNERSHIP WEBINARS

Spreading the Basics™ Principles In Order to Close the Achievement Gap

Tuesday, Jan. 14, 3 p.m. ET/12 p.m. PT

HOUSING WEBINARS

Accelerating Cross-Sector Advocacy

Tuesday, Jan. 21, 3 p.m. ET/12 p.m. PT

PARTNER WEBINARS

Co-Designing Solutions with Families:

The Early Learning Lab's Parent Innovation Institute

Tuesday, Jan. 28, 3 p.m. ET/12 p.m. PT

Please join us!

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show+tell

early childhood development
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“Supporting Parents in the Earliest Years”

January 15th, 2020 - Online

promisestudio.org/show-and-tell

VENTURES



and more!

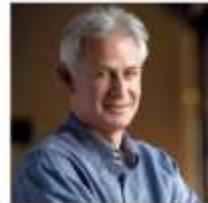
EXPERT SPEAKERS



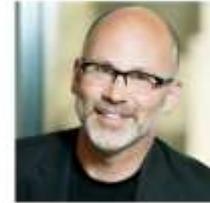
Ariel Kalil



Diana Rauner



Jack Shonkoff



Phil Fisher



Ralph Smith

Your host family

