

The First 10 Framework: Exploring Best Practices and Community Innovations

November 12, 2024



Panelists



Beth Campanelli,
M.S. CCC-SLP
*WED Speech & Language
Department Chairperson
Woonsocket Education
Department, Rhode Island*



**Mehmet and Ecem
Ciklaiblikci**
*First 10 Parents
Leola Elementary School,
Conestoga Valley School
District, Pennsylvania*



David Jacobson, Ph.D
*Director
First 10*

Panelists



Jill Koser, Ed.D.

*Assistant to the
Superintendent - Elementary
Conestoga Valley School
District, Pennsylvania*



Erin Smith

*ERSEA Specialist / Family
Worker
Woonsocket Head Start Child
Development Association,
Rhode Island*



Michelle Trasborg

*Director of Academic Supports
Conestoga Valley School
District, Pennsylvania*

Moderator



Melissa Castillo, Ed.D.
Senior Advisor, Office of the Secretary
U.S. Department of Education

First 10 Schools and Communities

David Jacobson



Early Childhood @ EDC

With a commitment to addressing disparities and ensuring equity, EDC promotes the overall health, development, and early learning of children—from before birth throughout childhood. Our work informs the field, supports families and caregivers, builds the capacity of organizations and people, and advances effective policy.



Commitment from the beginning (Hands-On Science, 1960; Head Start, 1978)

50+ Projects



Influential Partners:
PBS, Sesame Workshop, Apple, Google, New America

80+ Staff

Funders: HRSA, OHS, OCC, USAID, NSF, NIH, DoEd, SAMHSA, UNICEF, Heising-Simons Foundation, Wallace Foundation, LEGO Foundation, Bill & Melinda Gates Foundation, Overdeck Family Foundation

Global Reach

50 U.S. states, Asia, Africa, and Latin America





First 10 Network Webinars

Next in the Series:

➔ **February 11:** The State of Maine's Distinctive Approach to First 10: Building Local Capacity through Community Schools

➔ **May 6:** First 10 Communities and Early Math: The Young Mathematicians Initiative in York, PA.



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#LearningTuesdays

The Fundamental Challenge of Poverty

45%

of U.S. children under 6 live
in low-income families

The full achievement gap is present
when children enter kindergarten

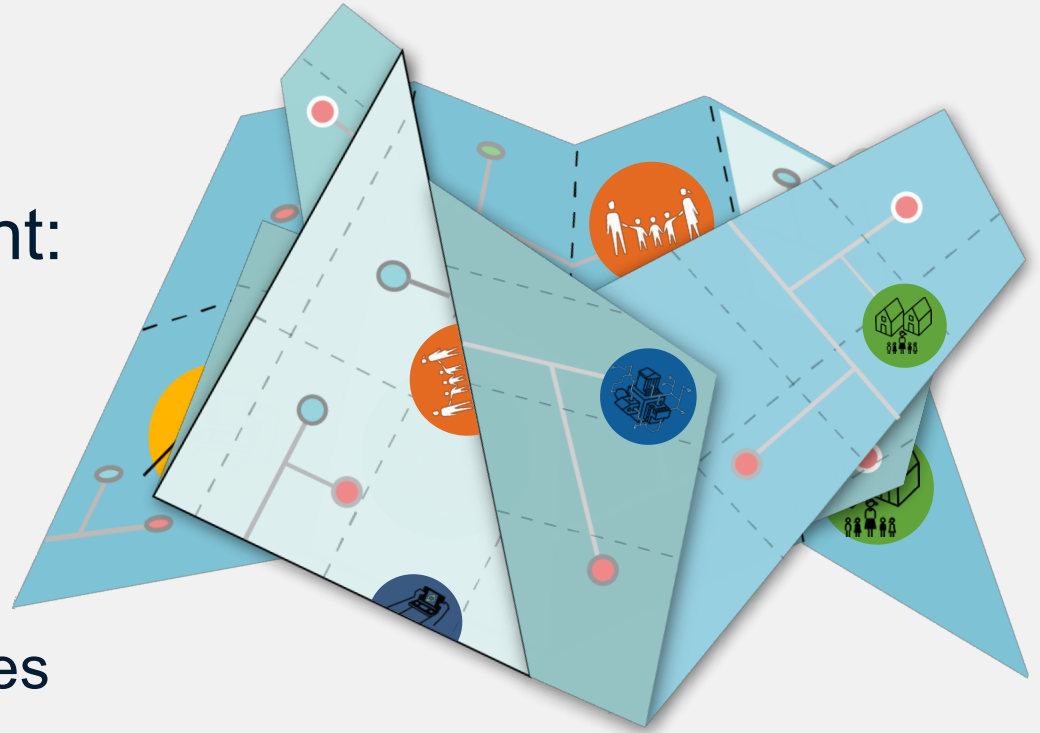
What Children **Need**

- Consistent quality
- Alignment across the age span
- Coordination at each stage of development

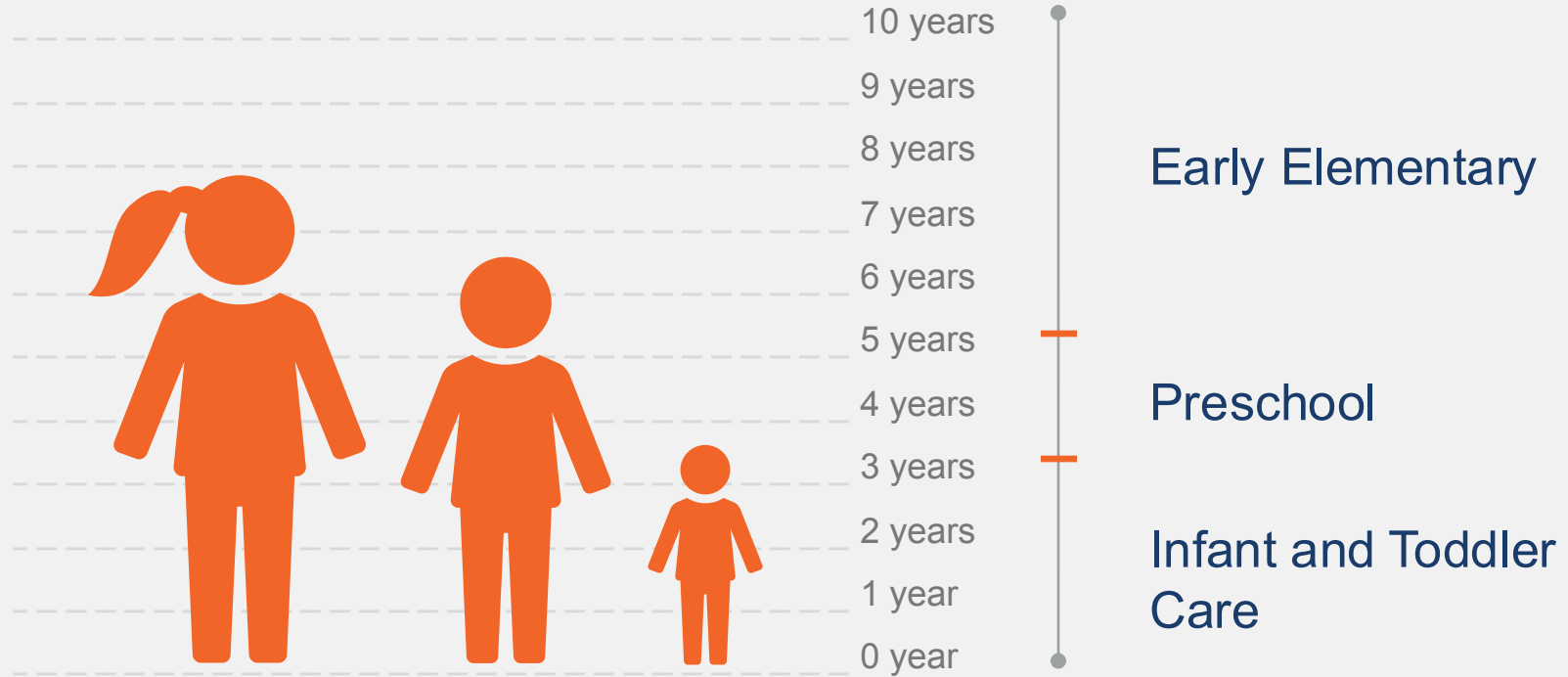


Barrier to Improvement: Fragmentation

- 0-5 / K-12
- Education /
Health / Social Services
- Public / Private



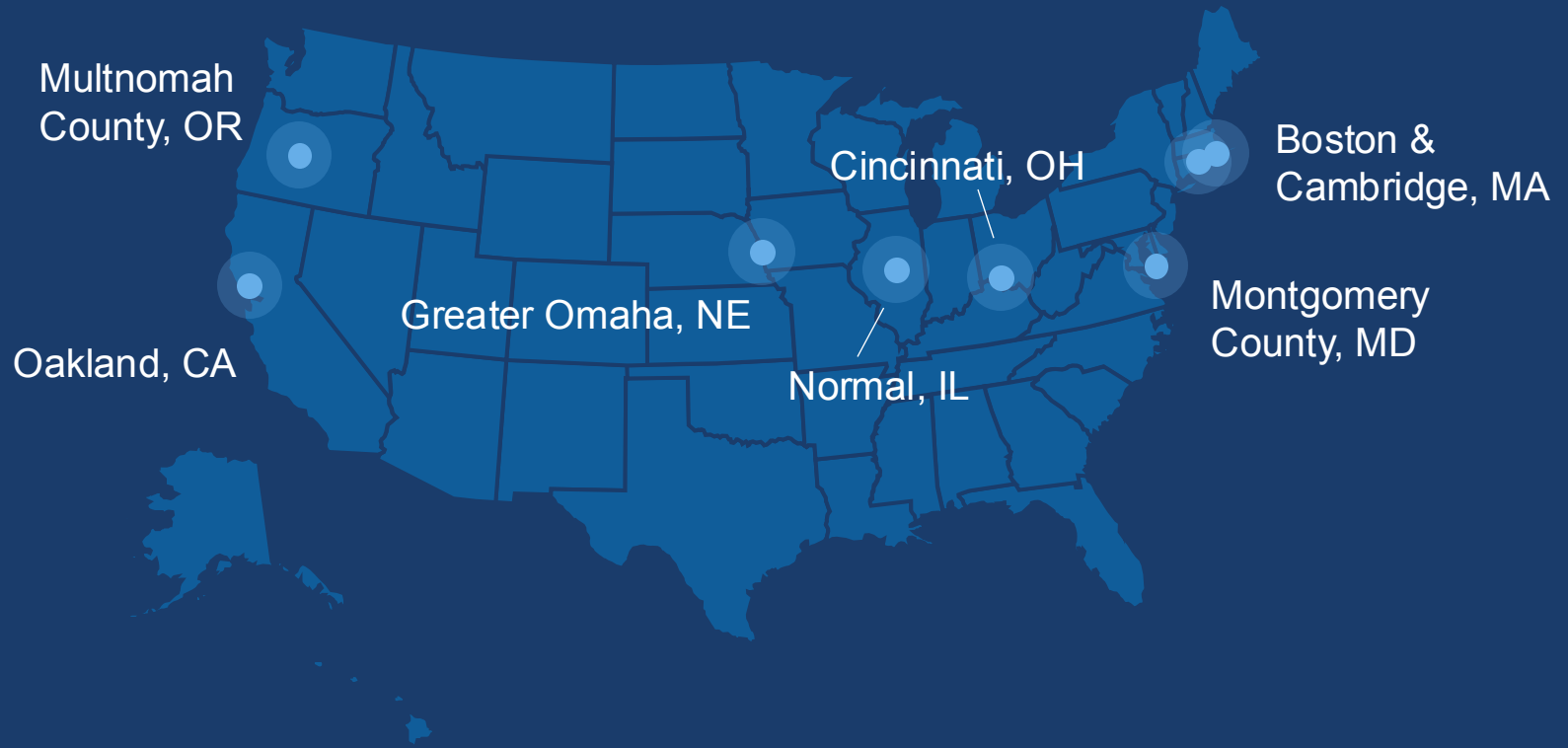
The Early Childhood—Elementary School Continuum



Community Schools and Comprehensive Services



Leading Edge Communities





All Children Learn & Thrive

Building First 10 Schools and
Communities

David Jacobson



All Children Learn and Thrive:
Building First 10 Schools and
Communities

Funder:
Heising-Simons Foundation

[First10.org](https://www.first10.org)



Maine: State and local First 10 teams

Pennsylvania: Community, county, and regional initiatives

Rhode Island: Transition to Kindergarten leading to First 10 communities

Alabama: State and Local First 10 and Transition to Kindergarten initiative

Michigan: First 10 pilot project in several urban and rural communities

Massachusetts: Urban communities with long-standing initiatives

Virginia: Pilot schools in a large county

First 10: Three Big Ideas



Research supports a community-wide approach to the first 10 years.



Innovative communities are creating a First 10 roadmap that addresses teaching and learning, partnerships with families, and comprehensive services.



First 10 provides:

- a framework
- a planning process
- a set of strategies to guide local partnerships.

Educational and Racial Equity and the Whole Child



Mutually-Reinforcing Collaboration

Effective Schools



Strong Families

Healthy Communities

Effective Schools

Collaborate to
Improve Teaching
and Learning



All
Children Learn
and Thrive

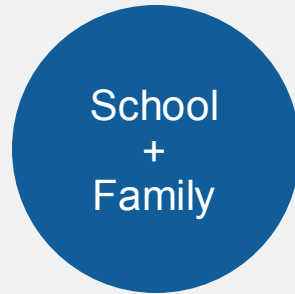


Strong Families



Healthy Communities

Transition to Kindergarten Planning



Effective Schools

Collaborate to
Improve Teaching
and Learning

Coordinate
Comprehensive
Services

**All
Children Learn
and Thrive**



Strong Families

Healthy Communities

School-Connected Play and Learn Groups

- Caregivers and children
 - Including family childcare providers
- Developmentally-appropriate activities
- Trusting relationships
- Caregiver learning

- Implemented as a series
- Three key connections
 - Peers
 - Health and social services
 - Schools



Effective Schools



The Basics

Five fun, simple, and powerful ways that every family can **give every child a strong start.**

Encompass most of what experts say is important for development from birth to age three.

Find a 4-minute video on each Basic at TheBasics.org



**Maximize Love,
Manage Stress**



**Talk, Sing, and
Point**



**Count, Group, and
Compare**



**Explore through
Movement and Play**



**Read and Discuss
Stories**

Socioecological Saturation



Effective Schools



Provide Strategic Leadership and Ongoing Assessment

- Effective use of strategic plans and plan management
- Monthly plan management meetings
- Senior leadership and steering committee meetings
- Use of implementation benchmarks



First 10 Framework

Effective Schools



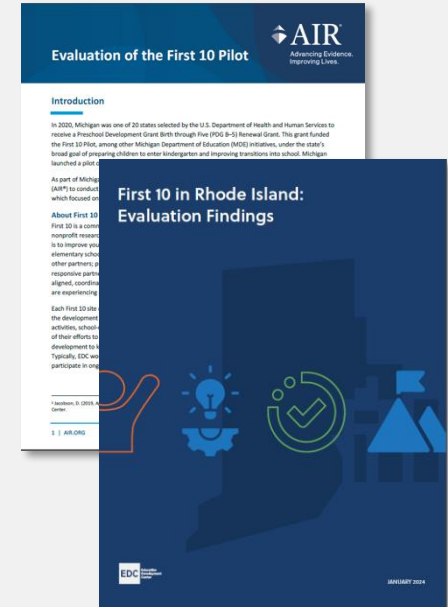
Strong Families

Healthy Communities

Evaluation Study Findings

Among other positive outcomes, First 10 sites:

- ➔ Addressed barriers that limit families' access to school readiness services.
- ➔ Increased collaboration between Pre-K and Kindergarten teachers.
- ➔ Aligned Pre-K and Kindergarten practices.
- ➔ Raised awareness of the importance of early learning through Parenting Campaigns.
- ➔ Improved collaboration among schools, early childhood programs, and community partners



First 10 Key Resource Kit



Explore a collection of **key introductory resources** on First 10 to learn how First 10 works to support school-community partnerships in improving outcomes for thousands of children.

AIR Evaluation of First 10 in Michigan
(*American Institutes for Research, 2023*) This evaluation brief shares findings from the first year of implementation in Michigan communities, including successes and challenges.



The Power of First 10 Partnerships
(*Early Learning Nation, March 16, 2023*) in this two-part interview, David Jacobson describes the First 10 Approach and offers examples of First 10 work.



Case Study: Building Systems that Work: First 10 in East Providence, RI (EDC, 2023)
This case study describes the successful strategies that a strong First 10 partnership in Rhode Island implemented.



First 10 in Rhode Island: Evaluation Findings (EDC, 2024) This evaluation describes First 10 progress in the communities of East Providence, Johnston, and Woonsocket.



Four Strategies for Getting the First 10 Years of a Child's Life Right (*Education Week, 2020*) David Jacobson outlines four important steps that successful First 10 schools and communities have taken to improve outcomes for children and families.



First 10 in Action (2.5 min video)



go.edc.org/key-first10-resources

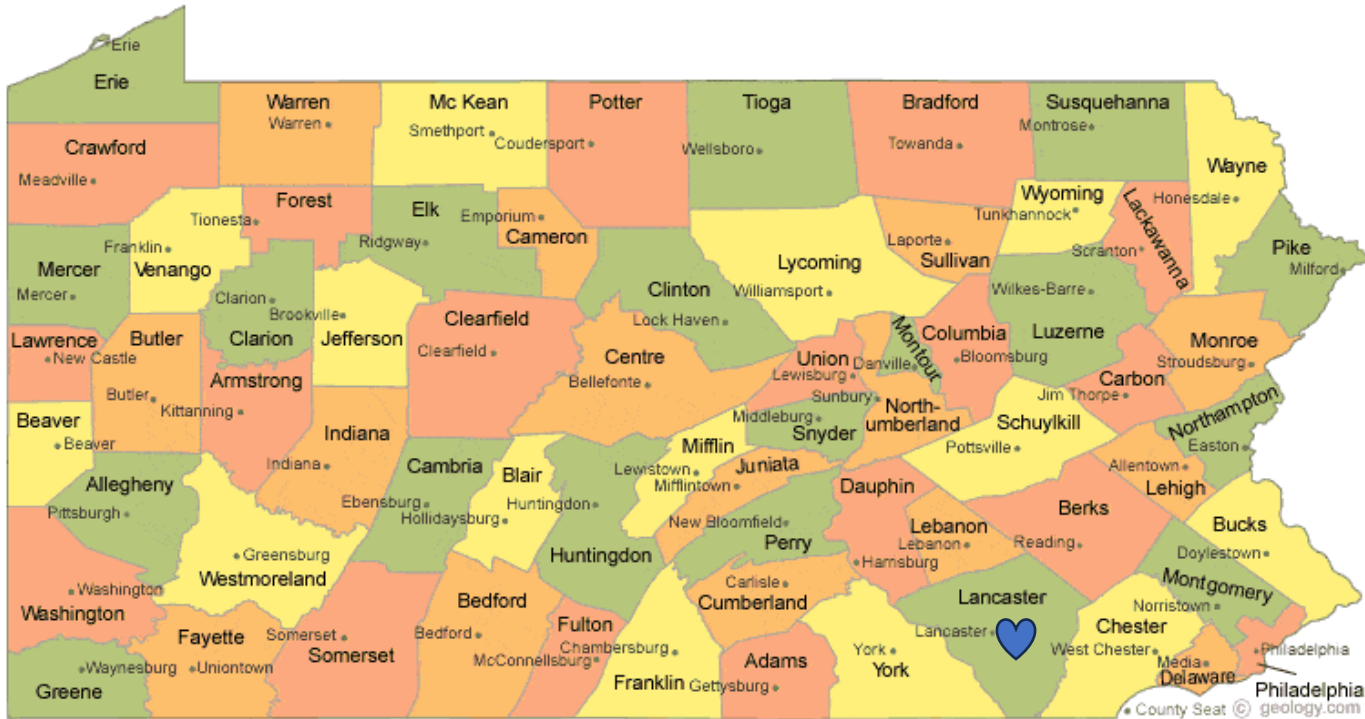
Thank You

David Jacobson

djacobson@edc.org

First10.org

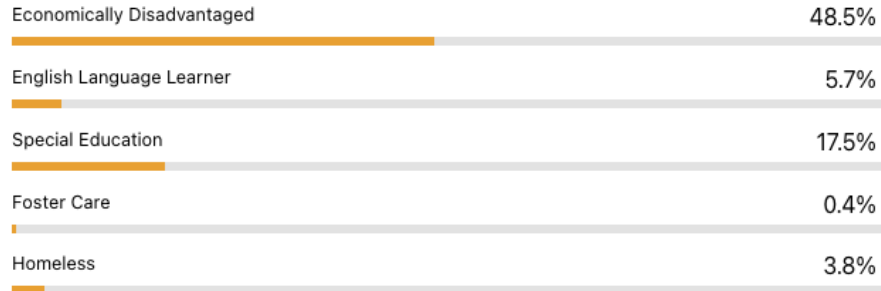
Conestoga Valley School District



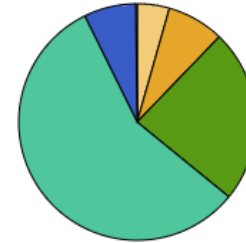
Conestoga Valley School District



Percent Enrollment by Student Groups



Percent Enrollment by Race/Ethnicity



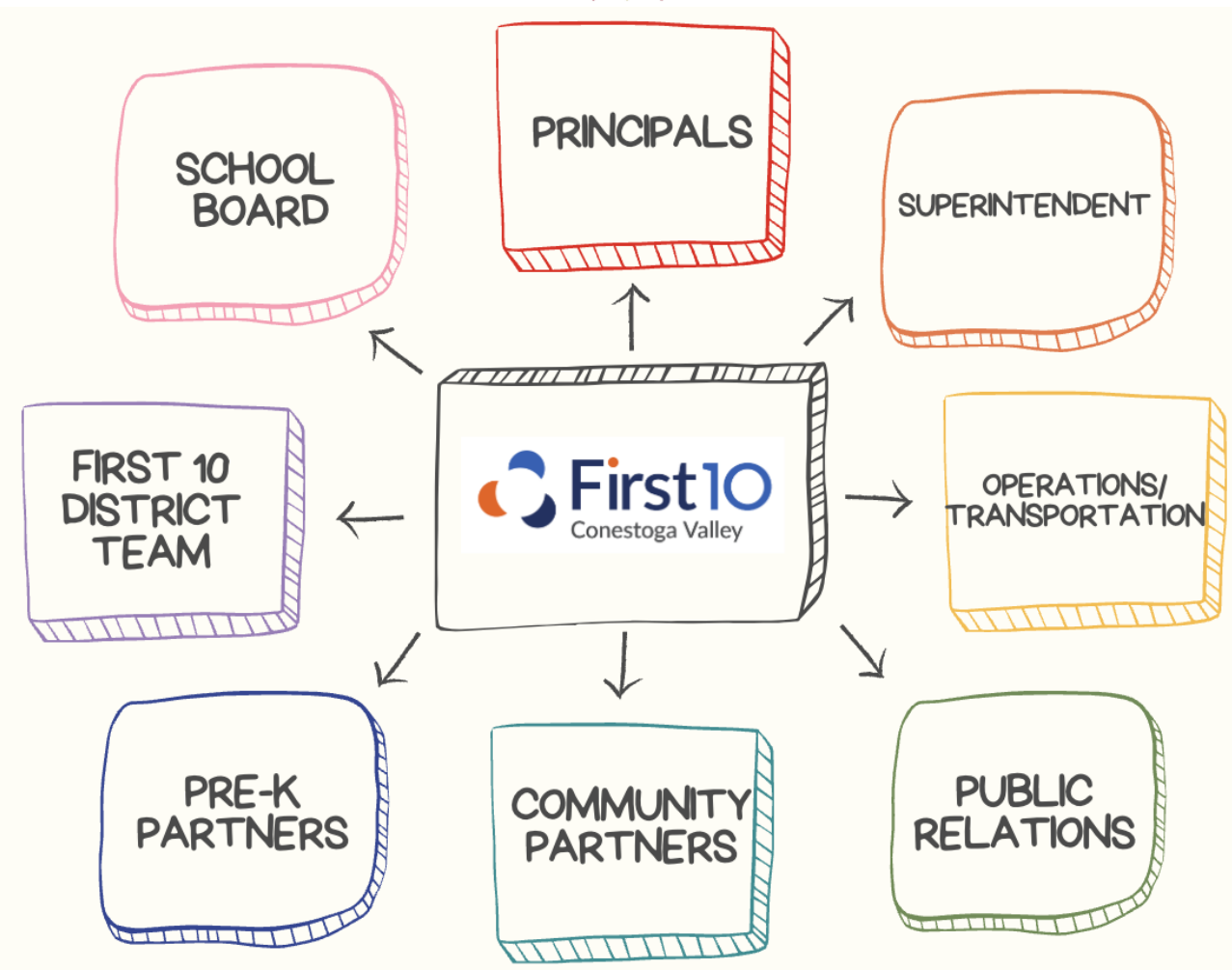
First 10 in CV



CV First 10 Goals

- Sense of Belonging for Children and Caregivers
- Positive Relationships with Our Schools
- Efficient and Effective Transitions to K
- Access and Opportunity for all CV Children





Kindergarten Express



Conestoga Valley School District First 10 Implementation Guide

Philosophy: To provide a singular location that captures CV's First 10 Initiative activities while delineating essential elements and potential options. This is a living document that is intended to be updated regularly. **Latest update 10/30/23.**

Family Support Activities

Community Play and Learns

Description: Play and learn groups are an opportunity for families and their young children (ages 3-4). Age range may vary based on timing and configuration of the group. The goal is to provide socialization opportunities and developmental strategies for supporting children at home. Sessions are structured around The Basics parenting principles, and parents are included as partners in learning how to support their children.

- Essential Elements/Minimum Requirements:**
- 2 series per year (fall and spring)
 - Fall Series: Targeted toward children ages 3-5
 - Spring Series: Targeted toward children ages 2-4 (*avoid children transitioning to kindergarten during this series)
 - Share Basics principles with families
 - Share health and social services resource list with families (add hyperlink when available)
 - Visits from school administrators, PreK and/or K teachers
 - All reusable materials are stored at Brownstown
 - See [Play and Learn Working Group- Running Notes](#) for more details
- Optional:**
- Representation from community partners or other groups

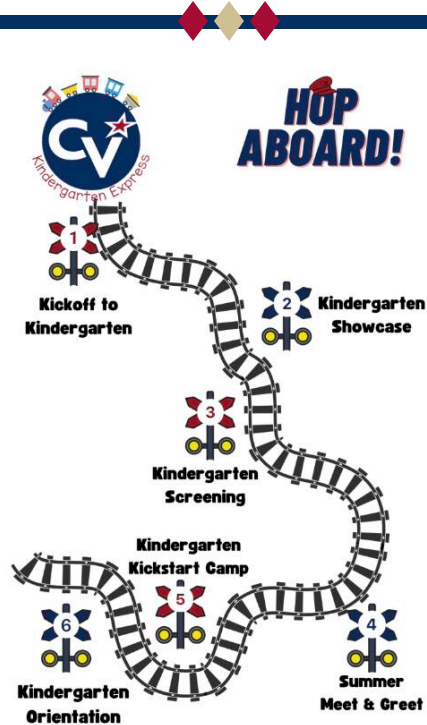
Dates:
Fall series from October 5-Nov 9 5:30-6:30pm at Brownstown

Spring series from March 19-Apr 23

To explore in 2024-25: Add Spring session at

Budget:
Teacher Extra Pay: \$2,500
Supplies: \$2,000 per year from DW First 10 Budget
*CAP STEAM Grant Spring 2024: \$5,000

Pre-K Teachers and/or partners from outside agencies are paid as Independent Contractors with CVSD. They



Scan me!



3-5
YEARS OLD*

PROGRAM DETAILS

- Focus on “around the house”: Working with recyclables, healthy snacks, problem solving, & more!

- Attendance is expected at all five events.
- 4:30 - 5:30 p.m. Snacks provided
- Brownstown Elementary: 51 School Lane Brownstown, PA

*Not already enrolled in kindergarten

DATES

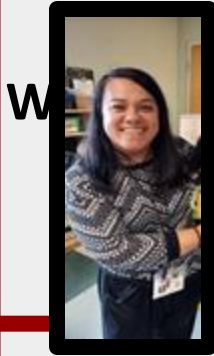
- Oct. 21
- Oct. 28
- Nov. 4
- Nov. 11
- Nov. 18

A large, stylized, dark purple letter 'W' logo is centered in the background. The 'W' is composed of three vertical strokes with rounded tops and pointed bottoms, connected at the top and bottom. The text 'Woonsocket First 10' is overlaid on the middle of the 'W'.

Woonsocket First 10

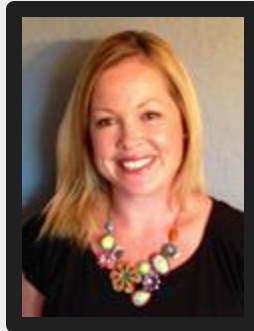
**Building Early Childhood
Partnerships For Children &
Families**

The Team...



Erin Smith

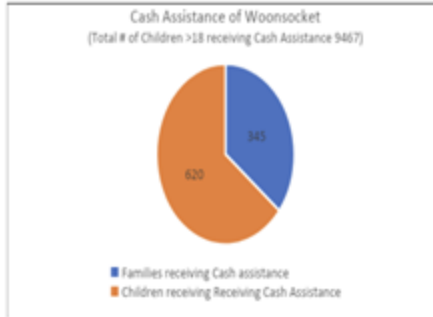
- Enrollment Specialist (ERSEA)
Woonsocket Head Start Child Development Association, INC
- Has worked for WHSCDA, INC for past 22 years



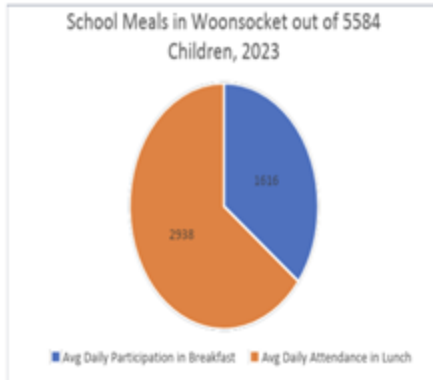
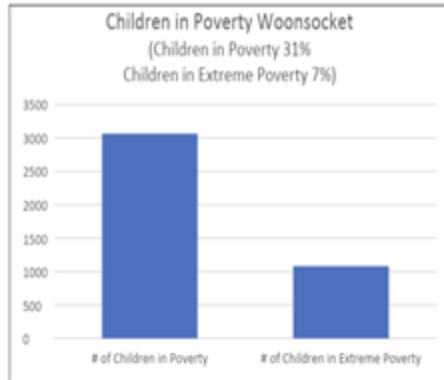
Beth Campanelli
M.S.CCC-SLP

- Woonsocket Education Department Chairperson/LEA for Speech & Language
- Has worked for WED for the past 25 years

Woonsocket Demographics:



***According to the RI Kids Count Factbook of 2024, There were a total of 4229 Children under the age of 18 that were receiving SNAP Benefits.**



***According to Total Enrollment numbers captured by the RI Factbook of 2024, of the 5574 children enrolled Woonsocket Public Schools, at least 48% qualified for Reduced/Free Lunch**

All of the demographic information was collected from the RI Kids Count 2024 Factbook

WED/HEADS

The start of our partnership...

- Directors from WED & Head Start join forces to create transition goals including:
 - ***Support children to be ready for kindergarten expectation**
 - ***Creating a video to demonstrate the Day in the Life of Kindergarten**
 - ***Community events to include Q&A at the local library and backpack distribution**
 - ***Continued SPED support for related services- Speech/Language, OT, PT in addition to special education in the form of shared professional development**
- WED/Heads have reduced the number of self-contained PreK classrooms and have implemented the Itinerant Model for intervention (direct service/collaborative meetings/professional development) throughout district and community programs.
- WED/Heads traveled to Arizona together to speak about strengthening School to School Communication
- Woonsocket Education Department & Head Start working together in the state funded Pre K lottery program with two Head Start classrooms housed within the Gov. Pothier Elementary School in Woonsocket, providing a high quality inclusive program for 4 year olds.

Passport to Kindergarten

Pilot Program

Began SY 2022-23 as a pilot program

- 6 events planned in the Spring at each elementary school
- All district students invited to all events
- Focus of events was to increase exposure to school building and kindergarten activities not to provide a building orientation.
- Station exploration was developed around the Basics

[Google Slide Link to Presentation](#)



WED's 'Passport to K' gives students exposure to classroom

Passport to Kindergarten

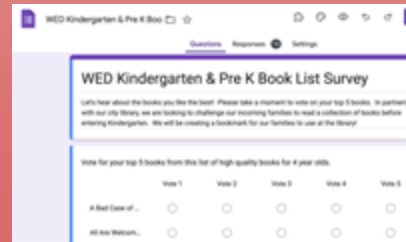
Building Based:

- New year.... New format!
- A focus on building based “boots on the ground” promoting of events
- 2 Spring events planned per building
- Personalized Postcards being sent through our community Pre K providers
- Sibling/family outreach in the building through school messaging (Class DoJo), Superintendent weekly newsletters and district social media.
- Community outreach through the city- churches, shops, housing authority, etc

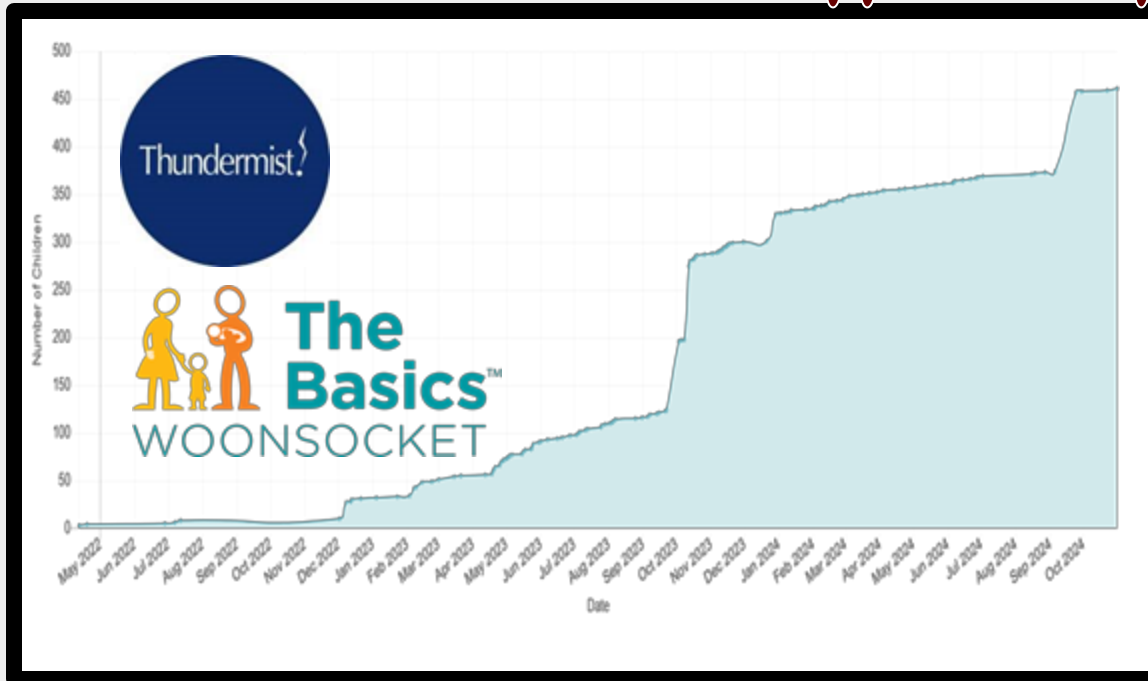


The BASICS HUB

- Shelving Display created as a focal points in the elementary schools and Head Start centers to display the following
 - High Quality Kindergarten Book Collection
 - Bookmark-created from a district Google Form Survey asking about favorite K books
 - Basics Info
 - Passport to K flyers
 - Autism Project Info- trainings, free visuals
 - Parent Help Info
 - WED & Community Pre K Information



The Basics Woonsocket-App Subscriptions



Maximize Love,
Manage Stress



Talk, Sing,
and Point



Count, Group,
and Compare



Explore Through
Movement and Play



Read and
Discuss Stories

Play and Learn Overview:

- Overview/Layout/Logistics
 - Tested different locations and times
 - 6 week sessions
 - Different Locations in City
 - Morning and Afternoon Option Offered
 - Facilitators
 - Typically 2 Education Staff and 1 Support Staff
 - Reminders
 - Weekly phone call reminders
 - In person reminders when applicable
 - Emails and messaging through agency database

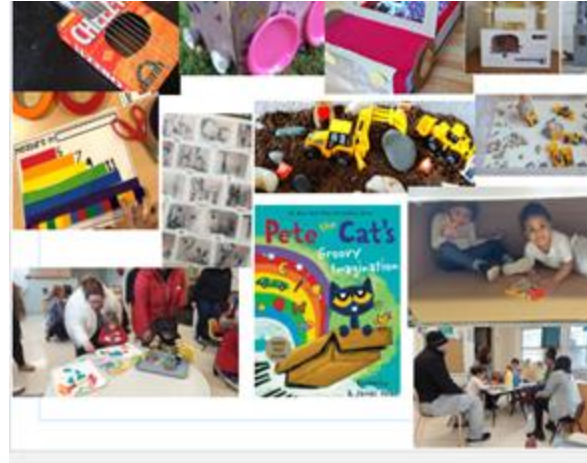


Play and Learn Lesson Plans:

- Opening / Closing Activities
- Book
- Stations
 - art activity
 - sensory activity
 - math activity
 - movement breaks
- Basic Concept

[Google Slides Link HERE](#)

Materials



Play and Learn "To Go" Toolbox:

- Distribution to Play and Learn Children and At Community Events
- Contents Include
 - Playdough, Water Colors, Books, Sorting Bears, and Sand
 - Suggested Activities Sheet

To Go Boxes!



[Link to Music Used in Group](#)

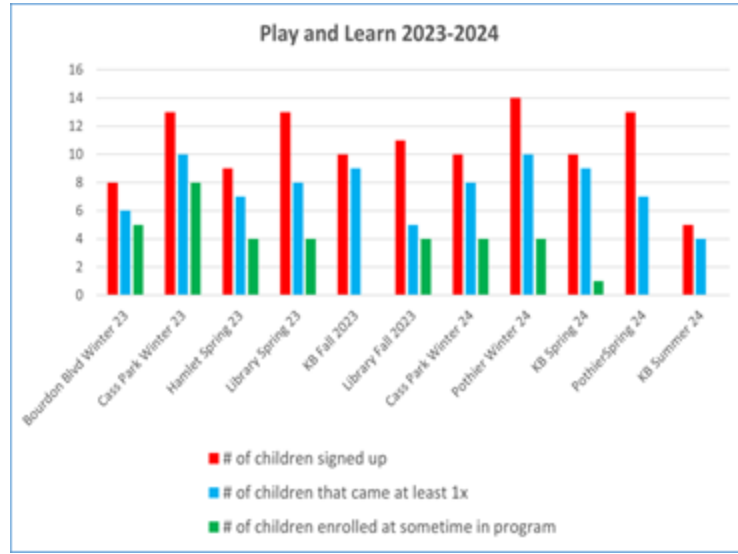
Play and Learn Recruitment Process:

- Flyers- QR Code, Link, Email Notification
- Waiting lists- Applicants- Established Groups
- Siblings of enrolled children
- Children with special circumstances
- Shared with library, community agencies

Ready, Set, Smile...



Play and Learn Data:



● Summary of Data

- Since January 2023 -11 sessions of Play and Learn
- 72% of children that signed up for a group attended at least 1 session
- 41 % of children that attended a group enrolled in one of our programs (Head Start or State Funded Pre-K)

Lessons Learned:

- Extension of the school family
- Parents are more connected
- Able to assess children prior to enrollment
- Referral for supports, classroom placements

Kindergarten Registration

- Two opportunities for families to register in person
- “Kindergarten Swag” given to each child who registered by district kindergarten teachers- book, workbook, chunky pencils
- Head Start spearheading parent support to complete registration packet
- Phone calls made to all students who attended community preschool programs to encourage families to register



Early Childhood Newsletter

Embedded link found in the weekly Superintendent's newsletter for all things Early Childhood!

Cultivating A Community

NOVEMBER 3, 2024

Superintendent's Message




WED Early Learning Newsletter
Volume 3 - June 2024

WED Early Childhood Newsletter
The RI Pre-K Lottery is Still Open!

RI Pre-K is accepting applications from families with three-year old children. To be eligible to attend, children must be 4 years old by September 1, 2024, be residents of one of the identified RI Pre-K communities, and not be eligible for kindergarten. For more information on the 2024-2025 RI Pre-K Program and the lottery application process please visit the [Open](#) button. Families may contact the RISE-PAK team at RISEPAK@rihhs.edu with any questions.

[RI Pre-K Info \(English\)](#)

[RI Pre-K Info \(Spanish\)](#)



Parenting Tips & Tricks

Schedules and Routines

While the end of the school year with summer-specific opportunities, it is important to continue to set schedules and routines for your child, routine is what will help your child with early learning. During the year, we anticipate our schedules will be more relaxed than in early school, unless you are a child of a military or other special or other situation, to help with the day-to-day.

Why are schedules and routines important?

- Consistent schedules provide a sense of stability for children in their lives.
- Consistent schedules help children feel in control of their lives.
- Consistent schedules help children feel confident in their abilities.
- Consistent schedules help children feel safe and secure in their lives.
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- Consistent schedules help children feel confident in their abilities.
- Consistent schedules help children feel safe and secure in their lives.

When are 3 or 4 best?

- 3 or 4 is a great number for all types of tasks.
- 3 or 4 is a great number for all types of tasks.
- 3 or 4 is a great number for all types of tasks.
- 3 or 4 is a great number for all types of tasks.



Don't Forget - Kindergarten Registration is Now Open!

If you have a child that will be 5 years old as of September 1, 2024, be sure to register them for Kindergarten! Click the link below for Kindergarten Registration information.

Kindergarten Registration



Summer PreK to K Transition Teams

Transition Forms:

Preschool to Kindergarten Transition Form- June 2023

Let's Get Ready for Kindergarten!

WOODBROOK

Student Name: _____ DOB: _____

Transition Form Contributors: Please use all related staff to fill out this form

Name	Role	Email

PreK to K Transition Forms-

- filled out by WED and community sites as a team (teacher, SLPs, special educator, OT, etc)

The First 6 Weeks:



- Creative Curriculum supplemental curriculum kits purchased for all K teachers to build classroom community
- Summer Planning Teams completed professional development and created planning guides for implementation at the start of the school year

PreK to K Transition Team:



Transition Resources

- Teams of teachers, special educators, SLPs, and OTs creating classroom and individual student resources to enhance smooth transitions from preK to kindergarten



Collaboration

- Quarterly Early Childhood Partnership meeting- WED, WHSCDA, YWCA, CCF, BGCNRI
- Joint Professional Development- WED Heads
 - In mid December, preschool staff from Woonsocket teamed up with staff from our Woonsocket Head Start programs as part of a shared professional development opportunity. This group of 35 had collaborative conversations supporting the understanding and implementation of early childhood special education processes. Ongoing professional development opportunities are being planned for the Spring.



Plans for the FUTURE...



Sustainability & Growth:

- CLSD grants for future funding and expansion- i.e.registration support, summer programming for children and staff, curriculum and supplemental tools (Heggerty @ Pre K levels, The First 6 Weeks- Building your Kindergarten Classroom Community)
- Year At A Glance- working plans into district strategic planning
- Continue to share a monthly Early Childhood in Woonsocket Newsletter- in the works to highlight events and to provide parent outreach
- Mural Update- plans to have city wide murals incorporate Basics, Play & Learns, Passport to K, Registration and more. Coming this Fall!

Before you go...



Upcoming GLR Learning Tuesdays Webinars:

FUNDER-TO-FUNDER

“Maximizing Impact: The Critical Role of Philanthropy in High-Impact Tutoring”

Tuesday, November 19, 12:30 - 2 p.m. ET/9:30 – 11 a.m. PT

PARTNER WEBINAR

“Collective Caregiving: Talking About What Kids & Families Need to Thrive”

Tuesday, November 19, 3:00 - 4:30 p.m. ET/12:00 - 1:30 p.m. PT

PARTNER WEBINAR

“The Day Care Myth Part 2: Creating Better State Systems for Children”

Tuesday, November 26, 3:00 - 4:30 p.m. ET/12:00 - 1:30 p.m. PT

