

Safety and Belonging First: Advancing Well-Being for Learning Recovery

November 15, 2022



Presenters



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Keys to Well-Being

Altruism

Awe

Bridging
Differences

Compassion

Diversity

Empathy

Forgiveness

Gratitude

Happiness

Mindfulness

Purpose

Social
Connection

Donate



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- KEYS TO WELL-BEING



Two Ways to Stop Procrastinating

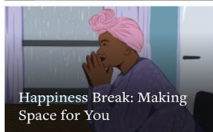
Instead of continuing to beat your head against the procrastination wall, how about trying something new?



How to Stop Overthinking Your Relationship



How Curiosity and Consent Can Make Old Lovers New Again



Happiness Break: Making Space for You



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- ACADEMIC INSTRUCTION
- SCHOOL RELATIONSHIPS
- ADULT WELL-BEING
- STUDENT WELL-BEING
- ALL COURSES
- ALL PRACTICES



Adult Well-Being

Practices for cultivating the social, emotional, and ethical well-being of school staff members



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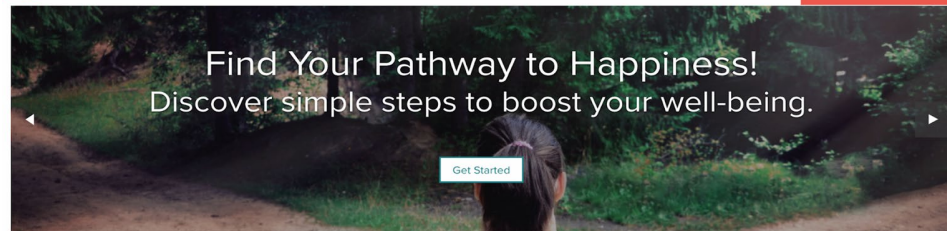
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About Us



Student Well-Being

Practices for cultivating the social, emotional, and ethical well-being of students



Discover New Practices

- All Practices
- Awe
- Compassion
- Connection
- Empathy
- Forgiveness
- Gratitude
- Happiness
- Kindness
- Mindfulness
- Optimism
- Parenting
- Purpose
- Resilience to Stress
- Self-Compassion



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Questions & Discussion

Upcoming GLR Learning Tuesdays Webinars:

LEARNING LOSS RECOVERY CHALLENGE

How School Districts Can Benefit from Public Housing Partnerships

Co-sponsored by Education Week

Tuesday, November 22, 3–4:30 p.m. ET/12–1:30 p.m. PT

LEARNING LOSS RECOVERY CHALLENGE

Play + Academics + Relationships: Teaching in Ways Kindergarteners Learn Best

Co-sponsored by New America

Tuesday, November 29, 3–4:30 p.m. ET/12–1:30 p.m. PT

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